

COACHING AGREEMENT

Welcome! I'm honored you've chosen to work with me and excited to start our work together.

In this Coaching Agreement you'll find lots of information about how coaching works. Please take a moment to read through everything, and let me know if you have questions about any of this in your first session.

HOW IT WORKS

- I coach most people online, unless we've agreed to work on the phone or in person. Please make sure you're in a quiet, private space with a reliable internet connection for your sessions.
- Sessions usually last 50 minutes. Please arrive on time as I can't normally run over if we start late.
- Everything you share in your sessions is **completely private and confidential**. The only time I will share anything you say with others is when I have to, either because I think you're going to harm yourself or someone else, or because I'm required to by law.
- It's my job as a coach to create a safe space where you can be yourself and be vulnerable without feeling judged, whatever we talk about. So you can be as open and honest with me as you like. (And use all the colorful language or slang you want.)
- As a certified coach, I'm really good at helping people work through their concerns and reach their goals, but I'm not a therapist or psychologist. For a lot of people, coaching is a better fit than therapy, but if I think therapy or some other service would be better for you, I will tell you.
- If your sessions are paid for by someone else (a sponsor), it's always best if you update them directly about your progress in your sessions. If they ask me directly, I won't share any specific details about you or your progress without your consent.
- Coaching is a life-altering experience for most people, but I have to remind you that I can't guarantee you any specific results without you working towards those results. And while I'll give you all the support and guidance I can, you are ultimately responsible for the choices you make, and the consequences of those choices.
- Please use the online scheduling system to book or reschedule your sessions.
- If you need to cancel or reschedule a session, please do it as soon as possible so the timeslot is available for someone else. **Sessions can't be canceled or rescheduled at less than 24 hours' notice.**
- I can sometimes be flexible on this policy in circumstances such as sudden illness or personal emergencies, but I reserve the right not to offer refunds where sessions are canceled or rescheduled at very short notice.

- Unless you've signed up for a package that includes text or email support, please only contact me between sessions about practical or scheduling issues. Email is always the best way to reach me (not social media DM).
- If you follow one of my social media accounts, out of confidentiality I won't follow you back or engage with you differently than I would with anyone else.
- Our queer communities can be quite small and you might see me in-person at a queer event or space. If you do, you're welcome to say hi, but for your confidentiality I'll mostly follow your lead on this. Please don't interact with me if you see me on an app.
- As we work together, I'll get better at tailoring my approach to give you the exact support you need. If there are things I could do to support you better, please tell me.

THE LEGAL BITS

- This agreement exists exclusively between you, a coaching client, and me, Ed Bell, a certified dating and relationship coach.
- The coaching I offer takes place on an "as is" basis, without warranty of any kind. You enter into coaching with the full acknowledgment that you are responsible for the choices you make of your own volition. You explicitly agree that I cannot be held liable for the consequences of the decisions you make.
- Additionally, you understand that my services do not constitute any kind of legal, medical, clinical or psychological service, nor am I licensed to provide such services.
- I endeavor to work with diverse group of clients in regard to factors such as age, race, disability and nationality. If you are under 18 or below the legal age of majority in your country or territory, you must have the permission of your parent or guardian before engaging in coaching with me.
- You are welcome to work with me as long as you find it useful, but I also reserve the right to discontinue working with a client (or refuse to take any individual on as a client) in my sole discretion.
- If I need to make changes to the way I deliver your sessions (e.g. via phone instead of Zoom) I will keep you informed, but may need to make changes at short notice and without consulting you.
- Sessions may be offered as part of bundles or packages. Please ensure you understand what is included in each package, as payment for packages cannot be refunded once one part of the package has been used. Prepaid session packages may also need to be used within a certain timeframe. Unused sessions cannot be refunded after their advertised expiry date.
- Bundles, packages and any other promotions are offered subject to their stated conditions and limitations, and I reserve the right to modify or withdraw any such offer at any time.
- This agreement is subject to the laws of England and Wales and both parties submit to the non-exclusive jurisdiction of the English and Welsh courts.
- This agreement contains all terms and exists independently of and supersedes any statement made by either of us orally or in writing, on any website, in any promotional material or elsewhere.
- This is the entire agreement between both parties. Any amendments to this agreement will only come into effect if made in writing and signed by both parties.

July 2024